Uxbridge Council on Aging Minutes

Date: Tuesday, October 10, 2023

Place: Uxbridge Senior Center/Zoom

RECO UNB TOWN CLERK 2023 DEC 4 ANT:54

Time: 3 PM

Attendance: Director Lisa Bernard, Gail Boutiette, Arlene Kurowski, Betty Tancrell, Sally Selvidge, Edna Coffin & Millie DeLeonardis & Jean Lawson.

Minutes of September meeting read and approved.

Director's Report: (attached)

Activities: New events include Scrabble and BVT Restaurant trip coming soon. We will be working on scheduling manicures with BVT and other craft programs announced. Halloween party scheduled for Oct 27 with Tommy Rull entertainer paid thru the cultural grant, Thanksgiving luncheon scheduled for Nov 17 with Tim Brooks entertainer. Christmas party scheduled for Dec 14 with Tommy Rull. COA decided not to open for First Night Events on Dec 2 d/t lack of staff.

Thanksgiving luncheon on Monday Nov 20 with Mendon Street Kitchen catering this event, will provide option of delivery or pick up.

New Wellness Coordinator hired (Doreen Cedrone), New round of exercise classes begin on Oct 12thfor Zumba & Low Impact.

Ceiling tile work completed with reopening on Oct 10th.

Formula Grant scheduled to be awarded in October, COA discussed the \$8000 deficit. Director to apply for a SIG (State Incentive Grant) through MCOA.

UEC Golf Tournament rescheduled for Oct 16

Also discussed the UMass Gerontology Assessment, which will be on the Town Warrant for Fall Town meeting. COA in favor of moving forward on this assessment for future programming and future direction of the senior center.

COA member Millie DeLeonardis to represent the group at upcoming Town Meeting scheduled for Oct 24.

COA members encouraged to attend Fall Town meeting.

- Meeting adjourned at 3:37pm, next meeting Nov 14, 2023 at 3pm

Respectfully submitted,

Gail Boutiette, Chair